

7 C's DECK

2013-2014

6th - 8th Grade



CHARACTER

Respects others' property * Accepts responsibility * Is honest * Shows patience * Is kind and caring * Makes and keeps friends

TASK CHOICES	DESCRIPTION	REQUIREMENTS FOR CREDIT	INITIALS
Success Story	Research someone who overcame odds to become a success. List 5 character traits that helped them become successful and be able to explain why you picked them	List with explanation	
Good Neighbor	Do a good deed (ex. weed a garden, walk a pet, go caroling, etc.) for someone ill, elderly, or in need of a bit of kindness	3 hours for the year	
School Contests	Participate in a contest offered at school	1 contest	
Interview your Role Model	Name someone you look up to who displays this trait. Why do you look up to them? How do they display this trait? What can others learn from him/her?	1-2 page essay summarizing the interview/research	
Role Model	Become a mentor to a younger person. Keep a journal on your visits.	4 weeks	
Personal Connection	Think about how you feel you demonstrate this character trait – prepare a visual presentation using specific examples	Explain to Homeroom teacher and display visual in classroom	
Other	Select another task of your choice that demonstrates this trait	Have a teacher or Mrs. McDonald approve your choice	

COMMITMENT

Uses time appropriately * Exhibits personal best * Turns in work on time * Is prepared * Follows directions * Exhibits pride in work

Task Choices	Description	Requirements for Credit	Initials
Grades	Earns all 3s in all academic subjects (reading, language arts, math, science, social studies.)	On at least 1 report card (1 st , 2 nd , or 3 rd quarter)	
Clubs and Extracurricular Activities	Participate in at least 1 club or extracurricular activity (school, church, rec. team, etc.)	1 semester	
No Negative Dings	No negative dings for 20 consecutive school days	20 consecutive school days	
Career Connection	What job/careers require a great deal of commitment? List the Top 10 and rank them in order. Be sure to provide a reason for your ranking	Top 10 list with rationale	
Exercise and Nutrition	Develop an exercise or nutrition plan and follow it	30 days	
Daily Checklist	Create a daily checklist of chores/responsibilities and complete it for 1 month	Completed checklist	
Other	Select another task of your choice that demonstrates this trait	Have a teacher or Mrs. McDonald approve your choice	

CREATIVITY

Seeks alternative solutions * Demonstrates flexible thinking * Elaborates ideas

Task Choices	Description	Requirements for Credit	Initials
Sport	Create a new sport	Write a rule book	
Experience the Arts	Attend a cultural experience – an art exhibit, museum, musical performance, drama production, etc.	1 event	
College Connection	Research your favorite college and see what programs/degrees they offer in the Fine Arts.	Create a brochure/PowerPoint highlighting the Arts programs at the school	
Class	Attend a class in the community (e.g., Michael's, Lowe's, Paper Play House, etc.) Share what you learned with your class.	1 class	
Theme Party	Design a themed party for middle school students. Be sure to include ideas for décor, games, invitation, food, and prizes.	Invitation, sample game, menu, and prize list	
Original Artwork	Create an original piece of artwork. Must be able to describe the process and/or art technique used in creating it	1 piece of original art	
Personal Connection	Think about how you feel you demonstrate this character trait – prepare a visual presentation using specific examples	Explain to Homeroom teacher and display visual in classroom	
Other	Select another task of your choice that demonstrates this trait	Have a teacher or Mrs. McDonald approve your choice	

CRITICAL THINKING

Seeks challenges * Perseveres * Extends understanding beyond what is taught

Task Choices	Description	Requirements for Credit	Initials
Public Service Announcement	Create an announcement or poster describing a particular component of a healthy lifestyle (nutrition, exercise, etc.)	1 announcement for morning announcements or 1 poster to display in the cafe	
Clubs	Participate in Quiz Bowl or Reading Bowl	1 semester	
Puzzle	Put together a jigsaw puzzle with 500 pieces or more	5 photographs or the puzzle at 5 different stages of completion	
Error Analysis	Choose a piece of graded work that has a grade of less than a 3. Decide why you made the grade you did, correct it, and add something to the assignment that you feel demonstrates the level of work required to get a 3D. Write your teacher a note asking him/her to re-grade your assignment.	Corrected work and letter to teacher	
Product Improvement	Select a product and write a plan for a "new and improved version" and why it is needed.	1 plan – 1 page and a picture or diagram	
Invention	Invent something new. Make a plan first. Share your invention	1 invention and a plan.	
Other	Select another task of your choice that demonstrates this trait	Have a teacher or Mrs. McDonald approve your choice	

COMMUNITY

Respects learning time * Follows rules and procedures * Is a leader * Works well with others
Keeps community clean, neat, and orderly * Helps with duties * Takes care of the environment

Task Choices	Description	Requirements for Credit	Initials
School Volunteer	Volunteers around the school	3 hours for the year	
Community Volunteer	Volunteers in the community	3 hours for the year	
Emergency or First Aid	Learn 5 first aid procedures and share them with your class. Create a 72 hour kit.	5 first aid procedures 72 hour kit	
Fundraiser	Participate in a school fundraiser	Minimum of \$100.00 donated from people outside of your immediate family	
Business Letter	Write a letter to a local business leader or politician introducing them to our school. Tell them why you think our school is important to the community.	Copy of business letter	
Environmental Advocate	Develop a campaign to promote recycling or any other environmental issues occurring in our community.	Poster/Slogan	
Other	Select another task of your choice that demonstrates this trait	Have a teacher or Mrs. McDonald approve your choice	

CULTURE

Demonstrates tolerance of individual differences (physical, social, intellectual, racial, religious, etc.)

Task Choices	Description	Requirements for Credit	Initials
Recipe	Prepare and share a recipe from another country or U.S. region	1 recipe	
Explore a Religion	Research and visit a place of worship other than your own religion.	Venn Diagram of Similarities and Differences	
Festivals and Exhibits	Attend a cultural exhibit, festival, celebration, museum, etc. and share your experience with your class	1 visit	
Senior Visit	Visit a senior center and talk with the residents about how our current culture is similar or different to when they were young.	Interview Summary with Venn Diagram of Similarities and Differences	
Song or Dance	Learn and share a song, story, or dance native to a country or U.S. region	1 performance	
Designer	Design a house for a specific region in the world	Blue print and explain the architecture	
Other	Select another task of your choice that demonstrates this trait	Have a teacher or Mrs. McDonald approve your choice	

CURIOSITY

Asks thought provoking questions * Seeks to learn more

Task Choices	Description	Requirements for Credit	Initials
How Things Work	Find out how a machine works (e.g., an escalator). Write a summary and diagram.	1 page summary and diagram	
Famous Landmarks	Stop at a famous landmark. Find out why it is famous.	Picture with you near the landmark and paragraph about why it is famous	
High School/College Investigation	Interview a high school or college student (not a family member) to discover what life is like in high school or college. Be sure to find out about important study habits, behavior expectations, and special activities.	Interview question and answer with at least 10 questions OR video of interview	
Family Tree	Investigate where your family is from and develop a Power Point presentation to share with the class	Power Point presentation (at least 10 slides)	
Hobby	Learn a new hobby and try it. Give a class presentation describing your experience	3 minute class presentation with a visual aid	
Personal Connection	Think about how you feel you demonstrate this character trait – prepare a visual presentation using specific examples	Explain to Homeroom teacher and display visual in classroom	
Other	Select another task of your choice that demonstrates this trait	Have a teacher or Mrs. McDonald approve your choice	